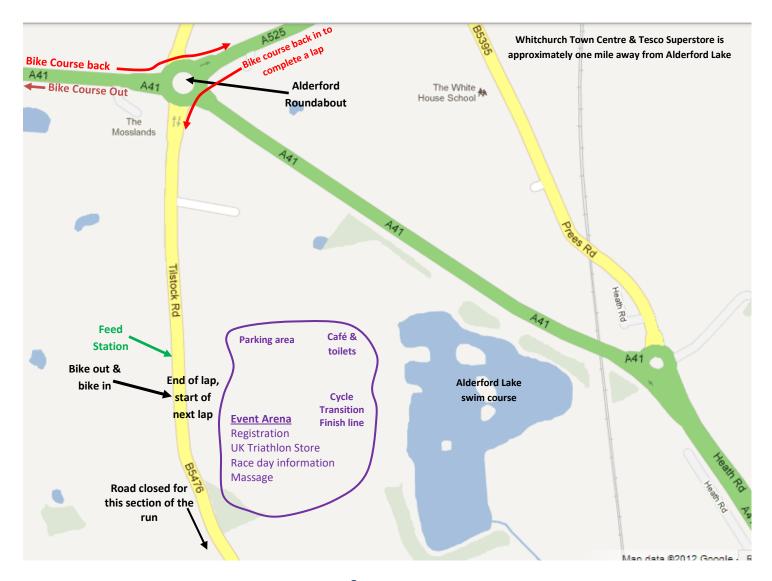


## **Main Arena**





## **Main Arena**

Ultimate swim 4 laps = 2.4 miles	Ultimate ½ swim 2 laps = 1.2 miles	Ultimate ¼ swim 1 lap = 0.6 miles
Ultimate bike	Ultimate ½ bike	Ultimate ¼ bike
4 laps = 112 miles	2 laps = 56 miles	1 lap = 28 miles
Ultimate run	Ultimate ½ run	Ultimate ¼ run
6 laps = 26.2 miles	3 laps = 13.1 miles	4 laps = 6.2 miles
		(Short course)

- Onsite parking, limited camping, toilets, café, registration & main arena
- ❖ Fresh Water Lake swim clear water no weed excellent multi lapped bike course flat multi lapped run course