

Super Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	08:48:15	105	steph	spencer	Female	48	I	Belper 10:20	Super Sprint -	00:04:15	00:01:34	00:21:03	00:01:16	00:10:56	00:39:04
2	08:47:45	103	Rosie	Hutt	Female	19	B	Glaisdale	Super Sprint -	00:04:08	00:01:25	00:20:24	00:00:36	00:12:50	00:39:23
3	08:50:45	106	Jen	Moffat	Female	44	H		Super Sprint -	00:03:56	00:01:35	00:20:19	00:00:48	00:14:06	00:40:44
4	08:47:15	101	Gemma	Smith	Female	34	F	York	Super Sprint -	00:04:45	00:01:43	00:21:36	00:00:48	00:15:39	00:44:31
5	08:40:15	73	Nicola	Billam	Female	41	H	Rutland	Super Sprint -	00:04:45	00:02:17	00:23:54	00:00:49	00:15:53	00:47:38
6	08:39:30	70	Susie	Hall	Female	39	G	Wizzy Tri Club	Super Sprint -	00:06:42	00:01:54	00:21:33	00:01:20	00:17:40	00:49:09
7	08:46:30	98	Emma	Krousti	Female	44	H	York	Super Sprint -	00:05:51	00:03:37	00:23:09	00:01:02	00:15:30	00:49:09
8	08:47:00	100	Louise	Patterson	Female	43	H	Doncaster Triathlon	Super Sprint -	00:05:09	00:02:36	00:25:42	00:01:03	00:15:45	00:50:15
9	08:46:45	99	Sarah	Arnet-Samson	Female	48	I	COLT	Super Sprint -	00:05:12	00:03:32	00:24:26	00:01:05	00:16:26	00:50:41
10	08:39:00	68	Kelly	Westwood	Female	40	H	Triathlon Coaching U	Super Sprint -	00:05:40	00:03:34	00:23:21	00:01:20	00:16:55	00:50:50
11	08:38:00	64	Becky	Binks	Female	39	G		Super Sprint -	00:06:33	00:02:25	00:27:31	00:00:47	00:15:44	00:53:00
12	08:46:15	97	Diane	Brown	Female	45	I	Thirsk	Super Sprint -	00:05:11	01:10:47	00:40:53	00:01:19	00:19:30	00:55:54
13	08:38:15	65	Sarah	Longfield	Female	41	H	Wakefield Triathlon	Super Sprint -	00:06:52	00:04:25	00:28:26	00:01:18	00:14:56	00:55:57
14	08:45:30	94	Kathryn	Walker	Female	50	J	Walton Wakefield	Super Sprint -	00:06:35	00:02:45	00:24:50	00:01:41	00:20:35	00:56:26
15	08:41:15	77	Carolyn	Flanigan	Female	46	I	middlesbrough	Super Sprint -	00:07:47	00:02:48	00:27:32	00:01:27	00:18:06	00:57:40
16	08:40:30	74	Kate	Duffy	Female	47	I	Newcastle upon tyne	Super Sprint -	00:08:23	00:02:52	00:28:01	00:01:06	00:19:00	00:59:22
17	08:46:00	96	Angela	Coates	Female	51	J	Durham	Super Sprint -	00:05:52	00:03:49	00:33:07	00:00:58	00:17:39	01:01:25
18	08:39:45	71	Lizzie	Doherr	Female	49	I	OAKHAM	Super Sprint -	00:04:58	00:03:06	00:32:29	00:01:43	00:20:53	01:03:09
19	08:39:15	69	Lynne	Wild	Female	59	K	Team Manvers	Super Sprint -	00:07:39	00:03:21	00:32:20	00:01:14	00:18:39	01:03:13
20	08:40:45	75	Kia	Jackson	Female	74	N	York	Super Sprint -	00:08:08	00:02:16	00:33:30	00:01:24	00:30:40	01:15:58