

# Super Sprint - Male

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	13:00:30	913	Gareth	Evans	Male	50	J	Crewe	Super Sprint -	00:04:31	00:01:32	00:36:31	00:00:35	00:11:28	00:54:37
2	13:01:00	915	Paul	Belfield	Male	49	I	South Cheshire Tri	Super Sprint -	00:03:56	00:01:54	00:36:34	00:00:46	00:11:33	00:54:43
3	13:00:15	912	Keith	Withey	Male	53	J	CHESH	Super Sprint -	00:05:10	00:00:00	00:38:26	00:00:29	00:12:09	00:56:14
4	12:53:30	885	Alexander	Hebbon	Male	56	K	No Thanks	Super Sprint -	00:03:24	00:01:24	00:37:24	00:00:38	00:13:44	00:56:34
5	12:58:45	906	Simon	chubb	Male	48	I	Newcastle-Under-Ly	Super Sprint -	00:04:07	00:01:43	00:38:56	00:00:26	00:11:40	00:56:52
6	12:54:45	890	Jody	Taylor	Male	39	G	STAFFS	Super Sprint -	00:03:46	00:02:25	00:37:11	00:00:58	00:12:38	00:56:58
7	12:57:15	900	Michael	Jones	Male	58	K	DERBY	Super Sprint -	00:05:15	00:01:41	00:38:48	00:00:51	00:11:23	00:57:58
8	13:00:45	914	Andy	Rutledge	Male	36	G	No Thanks	Super Sprint -	00:03:56	00:02:11	00:38:54	00:00:37	00:13:37	00:59:15
9	13:00:00	911	Steven	Golding	Male	43	H	Oswestry	Super Sprint -	00:03:29	00:02:45	00:40:40	00:00:52	00:13:05	01:00:51
10	12:58:15	904	steven	holgate	Male	48	I	leigh	Super Sprint -	00:04:29	00:03:02	00:40:57	00:02:25	00:13:38	01:04:31
11	12:56:15	896	Adrian	Kinsella	Male	57	K	birmingham	Super Sprint -	00:05:02	00:02:16	00:43:59	00:00:51	00:12:34	01:04:42
12	12:55:15	892	Ben	Grundy	Male	63	L	FLINTS	Super Sprint -	00:05:15	00:03:36	00:46:17	00:00:35	00:15:15	01:10:58
13	12:59:15	908	Nick	Wylie	Male	60	L	STAFFS	Super Sprint -	00:05:32	00:02:02	00:48:05	00:00:26	00:15:27	01:11:32
14	12:57:30	901	David	Smith	Male	50	J	CHESH	Super Sprint -	00:05:10	00:03:22	00:48:31	00:00:20	00:14:24	01:11:47
15	12:59:00	907	Jamie	Law	Male	30	F	Preston	Super Sprint -	00:04:09	00:02:55	00:49:42	00:00:59	00:15:25	01:13:10
16	12:56:00	895	Paul	Hurrell	Male	46	I	MS-UK	Super Sprint -	00:05:44	00:02:41	00:46:48	00:01:10	00:17:42	01:14:05
17	12:57:45	902	Martin	Williamson	Male	52	J	Rochdale Tri Club	Super Sprint -	00:04:35	00:02:56	00:47:10	00:01:46	00:18:11	01:14:38
18	12:53:15	884	David	Thorley	Male	45	I	Shavington	Super Sprint -	00:04:50	00:03:53	00:49:20	00:01:05	00:16:02	01:15:10
19	12:57:00	899	Howard	Warren	Male	59	K	LANCS	Super Sprint -	00:05:14	00:03:30	00:50:06	00:01:27	00:15:03	01:15:20
20	12:59:30	909	Richard	Healey	Male	45	I	winsford	Super Sprint -	00:02:53	00:01:54	00:50:51	00:01:36	00:19:51	01:17:05
21	12:58:00	903	Keith	Bell	Male	59	K	Marie Curie	Super Sprint -	00:04:34	00:03:18	00:53:14	00:00:44	00:17:31	01:19:21
22	12:58:30	905	George	Swift	Male	63	L	NSPCC	Super Sprint -	00:05:22	00:03:42	00:49:29	00:01:59	00:21:18	01:21:50
23	12:56:30	897	Gary	Jones	Male	52	J	Kettering	Super Sprint -	00:05:40	00:05:10	00:53:02	00:02:00	00:19:45	01:25:37
24	12:55:45	894	Roger	Parry	Male	54	J	FLINTS	Super Sprint -	00:07:02	00:04:56	00:56:40	00:01:01	00:16:08	01:25:47