

Alderford Triathlon - Olympic Female Category

Age	Group	Position	Position	Race Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	7	143	20	C	Scarlett	Cox-Lomas	Knutsford TC	07:09:00	00:28:05	00:03:15	01:16:45	00:00:54	00:55:43	02:44:42		

Age	Group	Position	Position	Race Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	16	164	27	E	Alice	Humphries	REME Triathlon	07:09:00	00:34:25	00:03:52	01:30:14	00:01:24	00:52:46	03:02:41		
2	24	160	27	E	Katie	Hill		07:09:00	00:37:54	00:04:58	01:23:32	00:02:41	01:01:43	03:10:48		
3	27	137	27	E	Elsbeth	Bell		07:09:00	00:36:12	00:03:18	01:36:59	00:01:47	00:58:01	03:16:17		
4	3	140	28	E	Emma	Buckland	Total Tri Training	07:09:00	00:25:47	00:02:09	01:15:15	00:01:07	00:48:32	02:32:50		
5	8	184	28	E	Elsbeth	Simpson		07:09:00	00:29:18	00:03:11	01:23:00	00:00:00	00:54:04	02:49:33		
6	32	186	29	E	Emma	Smith		07:09:00	00:32:09	00:07:30	01:40:54	00:02:29	01:05:12	03:28:14		
7	35	176	29	E	Jo	Pace		07:09:00	00:32:55	00:06:12	01:43:30	00:01:18	01:10:56	03:34:51		

Age	Group	Position	Position	Race Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	1	136	30	F	Katy	Armitage	Tri Preston/Total Tri Tr	07:09:00	00:25:27	00:02:35	01:09:39	00:01:02	00:47:08	02:25:51		
2	2	168	30	F	Emma	Jefferys		07:09:00	00:26:31	00:01:58	01:18:36	00:01:00	00:42:12	02:30:17		
3	9	169	30	F	Kelsie	Johnson		07:09:00	00:34:37	00:02:22	01:24:15	00:01:30	00:50:41	02:53:25		
4	10	154	30	F	Alba	Gray		07:09:00	00:27:34	00:03:38	01:24:02	00:03:29	00:55:40	02:54:23		
5	13	174	30	F	Elle	Mecrow	Clapham Chasers	07:09:00	00:28:16	00:04:59	01:34:33	00:02:31	00:46:38	02:56:57		
6	15	191	30	F	Carley	Williams	Gog TC	07:09:00	00:29:24	00:04:00	01:26:41	00:01:56	00:55:14	02:57:15		

Triathlon Results - 2024																
Age	Group	Position	Position	Race Number	Personal Info			Team Name	Start Time	Performance						
					Age	BTF Cat	First Name			Last Name	Swim	T1	Bike	T2	Run	Total
7	12	142	32	F	Rachel	Cook	Gog TC	07:09:00	00:31:42	00:03:25	01:27:30	00:01:22	00:52:14	02:56:13		
8	23	187	33	F	Francesca	Southern		07:09:00	00:36:50	00:03:33	01:24:46	00:01:48	01:03:22	03:10:19		
9	41	181	34	F	Jasdeep	Sahota		07:09:00	00:52:24	00:11:35	01:47:24	00:04:47	01:04:50	04:01:00		
Group A - Mixed																
Age	Group	Position	Position	Race Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	25	139	36	G	Emma	Bradley				07:09:00	00:32:13	00:05:53	01:33:08	00:03:11	00:58:16	03:12:41
2	37	179	38	G	Sam	Rose				07:09:00	00:39:34	00:06:11	01:37:42	00:04:48	01:14:50	03:43:05
3	21	156	39	G	Laura	Hancock				07:09:00	00:33:00	00:05:30	01:38:21	00:02:36	00:49:04	03:08:31
Group B - Mixed																
Age	Group	Position	Position	Race Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	11	180	42	H	Liz	Roushdi	Sytri			07:09:00	00:32:52	00:04:27	01:20:39	00:01:45	00:56:16	02:55:59
2	28	151	42	H	Karla	Forrest				07:09:00	00:39:37	00:05:59	01:36:29	00:01:11	00:57:32	03:20:48
3	44	138	42	H	Jacqui	Bevan	Butterflies Fitness			07:09:00	00:37:43	00:04:11	01:50:00	00:01:50	01:29:42	04:03:26
4	33	183	43	H	Naomi	Simmons	Run Neston			07:09:00	00:39:18	00:06:13	01:41:03	00:01:39	01:01:09	03:29:22
5	42	190	43	H	Sarah	Westwood				07:09:00	00:47:27	00:10:53	01:53:17	00:02:35	01:07:28	04:01:40
6	5	150	44	H	Rebecca	Holland	total tri training			07:09:00	00:30:03	00:02:52	01:15:04	00:01:33	00:50:44	02:40:16
7	36	159	44	H	Emma	Hickson	Nantwich TC			07:09:00	00:38:40	00:04:45	01:40:35	00:01:58	01:12:32	03:38:30
Group C - Mixed																
Age	Group	Position	Position	Race Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	6	161	45	I	Lorna	Hopkin	Stafford triathlon			07:09:00	00:30:55	00:02:29	01:12:23	00:01:30	00:55:12	02:42:29
2	40	157	45	I	Elizabeth	Harrison				07:09:00	00:44:25	00:06:28	01:44:14	00:03:59	01:15:18	03:54:24
3	4	145	46	I	Philippa	dalal				07:09:00	00:27:36	00:05:43	01:16:12	00:01:22	00:45:31	02:36:24

4	34	162	46	I	Michelle	Horner			07:09:00	00:35:54	00:05:51	01:58:18	00:01:49	00:47:40	03:29:32
5	18	182	47	I	Karen	Sherriff	Telford TC		07:09:00	00:38:15	00:03:17	01:21:51	00:02:18	01:00:07	03:05:48
6	17	189	48	I	Pamela	Thurtle	Knutsford TC		07:09:00	00:38:16	00:05:35	01:26:28	00:01:46	00:51:17	03:03:22
7	22	152	48	I	Keely	Gilhooly	Stafford tri		07:09:00	00:38:52	00:03:47	01:27:10	00:01:50	00:56:56	03:08:35

Age	Group	Position	Position	Race	Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	30	166	52	J	Rachel	Jacob	Derby TC		07:09:00	00:37:26	00:08:08	01:38:13	00:02:37	00:57:04	03:23:28		
2	31	141	53	J	Diane	Cawthorn			07:09:00	00:34:01	00:04:45	01:37:09	00:02:35	01:05:56	03:24:26		
3	20	171	54	J	Karen	Jones	TCC		07:09:00	00:38:49	00:03:04	01:23:02	00:01:36	01:00:01	03:06:32		

Age	Group	Position	Position	Race	Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	19	173	56	K	Jane	Mackay			07:09:00	00:33:53	00:04:16	01:32:24	00:00:00	00:55:54	03:06:27		
2	26	144	56	K	Lorna	Cullen			07:09:00	00:33:50	00:04:50	01:30:33	00:01:54	01:01:45	03:12:52		
3	38	149	56	K	Karen	Eastwood	Edinburgh RC		07:09:00	00:41:43	00:07:13	01:40:51	00:03:11	01:10:14	03:43:12		
4	39	188	56	K	sue	southern			07:09:00	00:46:27	00:08:00	01:38:50	00:03:58	01:16:32	03:53:47		
5	29	178	57	K	Dawn	Pincott			07:09:00	00:35:00	00:03:02	01:41:11	00:00:55	01:01:10	03:21:18		

Age	Group	Position	Position	Race	Number	Age	BTF Cat	First Name	Last Name	Team Name	Start Time	Swim	T1	Bike	T2	Run	Total
1	14	165	64	L	Cheryl	Hutchins	Adapted Endurance		07:09:00	00:36:24	00:03:38	01:20:01	00:01:29	00:55:28	02:57:00		

Age	Group	Position	Position	Race	Number	Age	BTF Cat	First	Name	Last	Name	Team	Name	Start	Time	Swim	T1	Bike	T2	Run	Total
1		43		147		68	M	Christina		Doxey		Shawbury Joggers		07:09:00		00:42:47	00:05:15	01:49:27	00:04:28	01:21:00	04:02:57

Age	Group	Position	Position	Race	Number	Age	BTF Cat	First	Name	Last	Name	Team	Name	Start	Time	Swim	T1	Bike	T2	Run	Total
1		45		153		70	N	Lorraine		Gillan				07:09:00		00:49:00	00:12:15	01:52:07	00:04:41	01:35:31	04:33:34